# **Contents**

Page

Europ	ean foreword	4
Intro	luction	5
1	Scope	6
2	Terms and definitions	6
3	Competencies	8
3.1	General	
3.2	Training	9
3.3	Continuous professional development (CPD) and continuous medical education (CME)	9
4	Management and communication with patients	9
4.1	Office staff/Booking arrangements	
4.2	Patient consultation and assessment	10
4.3	Consent	
4.4	Documentation	
4.5	Post-treatment follow up and patient satisfaction	
4.6	Advertising	13
4.7	Medical tourism and travelling long distance for treatment	
4.8	Medical indemnity and insurance	
4.9	Fees	
4.10	Arrangements for out of hours and emergency cover	
4.11	Complaints	
4.12	Confidentiality	
4.13	Safe timing of treatments	
4.14	Registration	
	Facilities	
5 5.1		
5.1 5.2	Evaluation of compliance and risk management	
_	Personnel	
5.3	Documentation of medical records	
5.4	Facility	
5.5	Administrative and waiting area	
5.6	General requirements and recommendations for treatment rooms and procedur	
5.7	Patient safety and security	
5.7 5.8		
	Hygiene standards for treatment rooms and procedure rooms	
5.9	Medicines Management(TD)	
5.10	Treatment room (TR)	
5.11	Procedure room (PR)	
6	Treatments	
6.1	General	
6.2	Aesthetic medical treatment categories	
6.3	Identifying factors	
6.3.1	General	23
Figur	e 1 — Relations	23

3

6.3.2	Practitioner	
6.3.3 6.3.4	FacilityAnaesthesia level	
6.3.5	Risk level of treatment	
6.3.6	Patient physical status and age	
6.3.7 6.4	Mental status and patient expectations  Treatment identification	
6.5	Cooling off period	
6.6	Aesthetic medical treatments	
Annex	A (normative) Code of Ethics for marketing and advertising	
Annex	B (informative) A-deviations	
Biblio	graphy	
Dibilo	5·αρπy	
	O/A	
	2,	
	2000 Million	
12		

UNI EN 16844:2019

## **European foreword**

This document (EN 16844:2017+A2:2019) has been prepared by Technical Committee CEN/TC 403 "Aesthetic surgery and aesthetic non-surgical medical services", the secretariat of which is held by AFNOR.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by February 2020, and conflicting national standards shall be withdrawn at the latest by February 2020.

This document includes Amendment 1 approved by CEN on 12 December 2017.

This document includes Amendment 2 approved by CEN on 16 April 2019.

This document supersedes EN 16844:2017+A1:2018.

The start and finish of text introduced or altered by amendment 1 is indicated in the text by tags  $A_1$   $A_1$ .

The start and finish of text introduced or altered by amendment 2 is indicated in the text by tags  $A_2$   $A_2$ .

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN [and/or CENELEC] shall not be held responsible for identifying any or all such patent rights.

According to the CEN-CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey and the United Kingdom.

4

## Introduction

This European Standard provides a set of requirements, which are deemed to be essential for the provision of aesthetic medicine services (non-surgical medical treatments).

However, attention is drawn to the fact that in certain countries specific national regulations apply and take precedence over this European Standard. Users of this European Standard are advised to inform themselves of the applicability or non-applicability for this European Standard by their national responsible authorities.

Furthermore, recommendations for other aspects of good practice are provided. The Bibliography provides a list of European and International Standards and other documents of general interest for aesthetic medicine services. This list is not intended to be exhaustive.

Emphasis is placed on defining requirements for the quality of the aesthetic medicine services offered in order to ensure patient safety.

Other factors which influence the overall quality of service include: qualifications and professional competencies, staff behaviour, facility design and choice of products and suppliers.

This European Standard is designed to bring the following advantages to those that adopt it:

- improvement in aesthetic medicine services which can enhance patient safety and reduce the risk of complications;
- to promote consistently high standards for aesthetic medicine service providers across Europe;
- enhance patient satisfaction.

Requirements for a quality management system based on EN ISO 9001 for health care services are provided in EN 15224.

Requirements concerning the occupational health and safety of service providers and their staff at work are provided in relevant EU-Directives and national occupational health and safety legislation.

UNI EN 16844:2019 5

## 1 Scope

This European Standard addresses the requirements for certain aesthetic non-surgical medical treatments:

- treatments with resorbable injectables, botulinum toxin and micro needling;
- treatments with non-ablative fractional resurfacing and superficial peels, lasers and comparable energy based devices;
- treatments with fractional ablative lasers and comparable energy based devices and medium depth peels; and
- other treatments such as deep chemical peels, full ablative lasers and thread lifts.

This European Standard provides recommendations for aesthetic non-surgical medical treatments, including the ethical framework and general principles according to which aesthetic medicine services are provided by all practitioners and stakeholders of the aesthetic medical field. These recommendations apply before, during and after the treatment.

Any aesthetic medical treatment that goes deeper than the stratum corneum or which has, or claims to have, a biological effect beyond the stratum corneum (with or without instrument or devices) is included in the scope of this European Standard.

Aesthetic surgical procedures covered by EN 16372 and dentistry<sup>1)</sup> procedures are excluded from the scope of this European Standard.

Aesthetic non-medical treatments (tattooing and any treatment not affecting tissue deeper than the stratum corneum) which can be legally performed by non-physicians (e.g. tattooist, beauty therapists) are excluded from the scope of this European Standard.

### 2 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

#### 2.1

#### aesthetic medicine services

services related to non-surgical medical treatments where the primary aim is the aesthetic change, restoration or improvement of the appearance, the function and/or well-being at the request of an individual with medical treatments, including the prevention and treatment of all kind of aesthetic concern, aging process, as well as the promotion of health

**6** UNI EN 16844:2019

<sup>1)</sup> As defined in EN ISO 1942.